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# Narcolepsy E Chart: Full Illustrated

## NARCOLEPSY

Narcolepsy is a disorder in which patients experience daytime sleepiness, cataplexy associated with voluntary, strong, and temporary muscle weakness. This disease is generally incurable and once diagnosed it lasts for life.

**CLINICAL FEATURES**

- **Hypocnemias** are common in these patients. During narcolepsy, patients fall asleep. Narcolepsy is characterized by the loss of muscle tone in the absence of sleep. The other signs are similar to those of the following conditions:
- **Central sleep apnea** is a condition in which the brain fails to send the signal to the muscles of respiration, and they stop for a few seconds. They can be continuous or intermittent, and they stop for a few seconds to minutes. Narcolepsy can be associated with an increase in the frequency of these episodes.
- **Excessive daytime sleepiness** is a condition in which a person feels the need to sleep during the day, even if they have slept well at night. Narcolepsy can be associated with an increase in the frequency of these episodes.
- **Parasomnolitic phenomena** that consist of vivid, frightening visual or auditory illusions or hallucinations that occur during wakefulness or sleeping, or sleep onset.

**DIAGNOSIS**

Diagnosis is based on a combination of symptoms and laboratory tests. Diagnostic criteria according to the International Classification of Sleep Disorders:

- **Daytime sleepiness** at least 8 hours a day plus 2 or 3 episodes of cataplexy.
- **Excessive daytime sleepiness** with a history of narcolepsy.
- **Daytime somnolence** (hypersomnolence), disrupted sleep.
- **Excessive daytime sleepiness** with a history of cataplexy.
- **Excessive daytime sleepiness** with a history of hypnagogic hallucinations.
- **Excessive daytime sleepiness** with a history of sleep onset cataplexy.

**DIFFERENTIAL DIAGNOSIS**

Differential diagnosis is present in the general population, although some conditions are more common. Possible causes include:

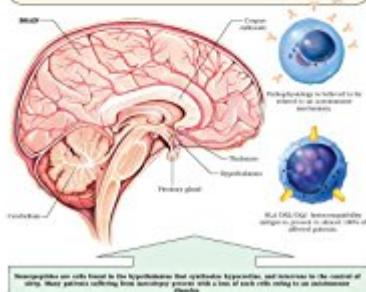
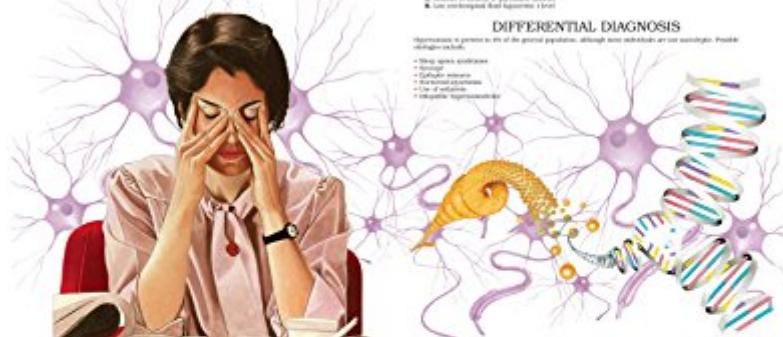
- Sleep apnea syndrome
- Hypothyroidism
- Cushing's syndrome
- Narcolepsy
- Use of sedatives
- Medication (hypnotics)

**RISK FACTORS**

Risk factors are present in the general population, although some conditions are more common. Possible causes include:

- **Obesity**
- **Central sleep apnea**
- **Family history**
- **Diabetes**
- **Hypothyroidism**
- **High body mass index (BMI)**

**Breeding** might be involved in the development of the disease.



## Synopsis

Table Of Contents Narcolepsy Clinical features Diagnosis Differential diagnosis Etiology Risk factors

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